

Parent to Parent Newsletter

November 2015

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Biebel's True Value

Greetings!

Welcome to the Your Choice monthly newsletter, *Parent to Parent*, written by parents for parents. Here you will find the latest information on what parents should know about drugs and alcohol as well as local resources.

Happy Thanksgiving!

We at Your Choice have so much to be thankful for this year. We want to thank all of our volunteers, Rosecrance, schools, treatment providers, and parents for supporting all of our efforts at Your Choice. We hope that you have a very Happy Thanksgiving!



WE NEED YOUR INPUT!

In order to provide the most relevant information to our readers, we are asking if you would take a brief 5 question survey.



The results of the survey will help us determine what to add, delete and continue with providing in our newsletters. We want to make sure that you are getting the most out of our newsletters! Take the survey:

<https://www.surveymonkey.com/r/GZ282YJ>

For the most up-to-date information, please like us on Facebook

DON'T MISS THESE EVENTS HAPPENING THIS MONTH!

The Power of Parents - "A Family's Best Defense for Drug Addiction"

Tuesday, November 3rd

6:30pm - Resource Fair

7:00pm to 8:30pm - Program

Parents are Powerful!! Kids who learn about the risks of drugs from their parents are significantly less likely to use drugs! Despite what some parents may think, research shows that parental influence is the most important factor in helping to keep teens safe- more important than what teens see on TV & social media or hear from friends & teen icons. Knowledge is powerful too! That is why the KMPRN planned this special opportunity for you to learn from the experts in this field. Middle school and high school students are also welcome to attend. There will also be a resource fair starting at 6:30 PM. *(See flyer next page.)*

"Teaching Our Kids to R.E.S.P.E.C.T the Internet"

Tuesday, November 10th

6:30pm to 8:00pm

Oconomowoc High School Little Theater

Please join us for an in-depth look at the latest trends in social media, internet use, and digital applications. As parents, we need to familiarize ourselves with the sites our children are visiting on-line, continue to monitor cell phone and computer use and establish expectations regarding use of technology. *(See flyer next page 4).*

Your Choice to Live recognizes the need for parents to be educated on topics such as drug and alcohol prevention in regard to their children. With that said, please let us know if you have any questions, comments or concerns or if you would like to read about a certain topic in the next newsletter, please email Ashleigh at yourchoice.live@yahoo.com

Sincerely,

Sandi Lybert

Your Choice to Live Founder

Your Choice to Live is a 501 (c)(3) non-profit group which provides an array of services that empower and support individuals, families, and communities to make informed choices regarding their use of alcohol or other drugs. Currently there is little or no funding in our school systems to provide drug and alcohol education to our students.

We're asking you, today, to take a stand for drug and alcohol education in our school systems by making a simple donation. Your donation will help to educate our youth about the devastating effects drugs and alcohol can have on a person. To send your generous donation, please detach this coupon and mail along with your check to:

Your Choice to Live
138 North Avenue
Hartland, WI 53029



◉ KM Parent Resource Network ◉
Proactive Parenting
Through Partnerships

**Kids who learn
about drugs from
their parents are
less likely to use
them!**

The Power of Parents: A Family's Best Defense for Drug Prevention

KM Parent Resource Network Event

Tuesday, November 3

6:30 Resource Fair

7:00-8:30 PM

KM High School Auditorium

**Sign up for this FREE event at
<http://powerofparents.eventbrite.com>**

Speaker Highlights

Your Choice Group-
Lybert family shares
impact of son's
heroin addiction and
what they learned

**Capt. Frank
McElderry and
Detective Bob Grall-**
Metro Drug Unit of
Waukesha County
Sheriff Dept. discuss
current drug trends

Alissa Darin-
KM counselor and
AODA coordinator
shares parenting
strategies

Get Connected

You are invited to this **FREE** presentation for parents!

“Teaching Our Kids to
R.E.S.P.E.C.T the Internet”

Tues., Nov. 10; 6:30 to 8pm
Oconomowoc High School
Little Theater



As parents and educators, we have the ever changing and challenging task of protecting our kids when they are using the internet, particularly when it comes to the use of social media. This presentation will provide information to help parents understand that we ALL have the....

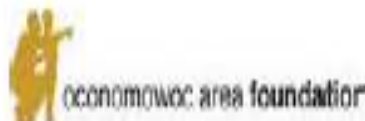
R esponsibility to
E ducate ourselves and our children about
S afety,
P rivacy,
E xpectations and
C ontent when using
T echnology



Please join us for an in-depth look at the latest trends in social media, internet use and digital applications. As parents, we need to familiarize ourselves with the sites our children are visiting on-line, continue to monitor cell phone and computer use and establish expectations regarding use of technology.

Make your **FREE** reservations at
<https://internetrespect.eventbrite.com>

Please contact Katie Westerman at:
westermk@oasd.org for more information,
to register or to sign up for e-mail reminders



Quick Links

Our Website <http://www.yourchoice-live.org/>

Drug tests: http://www.yourchoice-live.org/drug_tests

Books: http://www.yourchoice-live.org/book_order

Resources <http://www.yourchoice-live.org/resources>

Upcoming Your Choice Events

November

Tuesday, November 3rd

The Power of Parents

6:30pm - Resource Fair

7:00pm - 8:30pm - Program

Kettle Moraine High School Auditorium

To Register:

<http://www.eventbrite.com/e/the-power-of-parents-a-familys-best-defense-for-drug-prevention-tickets-17922629066>

Thursday, November 5th

Health Class Presentations

7:30am to 3:00pm

Indian Trail High School & Academy

Saturday, November 14th & 15th

8:30am to 3:00pm

Your Choice Office

REGISTRATION REQUIRED

<http://www.yourchoice-live.org/detour>

Upcoming Your Choice Events

November (continued)

Tuesday, November 17th

Health Class Presentations

8:30am to 11:15am

Pewaukee High School

Tuesday, November 17th

Parent Night

6:30pm to 8:00pm

Sussex Hamilton High School

Thursday, November 19th

Health Class Presentations

8:50am to 2:00pm

Menomonee Falls High School

Thursday, November 19th

Detour Parent Night

5:30pm to 8:30pm

REGISTRATION REQUIRED

<http://www.yourchoice-live.org/detour>

Tuesday, November 24th

Health Class Presentations

8:30am to 11:15am

Pewaukee High School

For more information about the presentations, please visit our "[Upcoming Events](#)" calendar.