

Arbor Management-Inc.

Sep 5, 2017 thru Sep 28, 2017

Base Menu Spreadsheet

Racine Elementary

Portion Values - Detailed

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	Portion Size	Carb (g)
Tue - 09/05/2017		
Racine Elementary	Total	
Pizza, Cheese: Elem	SLICE (3.74 OZ)	33.0
Broccoli, Frozen: 1/2c	1/2 CUP	3.67
Cauliflower, Fresh: 1/4c	1/4 CUP	0.94
Banana: Petite	1 EACH	29.0
Milk, Skim Chocolate: PF	1 CARTON (1c)	20.0
Milk, Skim	1 CARTON (1c)	12.0
Weighted Daily Average		85.41
% of Calories		66.4%
Nutrient Guideline		

Wed - 09/06/2017		
Racine Elementary	Total	
French Toast Sticks, Aunt J 4	4 EACH	42.0
Syrup, Packet	packet	19.0
Turkey Sausage Patty	1 EACH	0.2
Hashbrown Patty, Rectangle, LW	EACH	14.5
Ketchup, Packet	1 PKT (9g)	3.0
Orange, Sliced	1 EACH	21.0
Juice, Wango Mango	1 each	13.0
Milk, Skim Chocolate: PF	1 CARTON (1c)	20.0
Milk, Skim	1 CARTON (1c)	12.0
Weighted Daily Average		131.50
% of Calories		64.8%
Nutrient Guideline		

Thu - 09/07/2017		
Racine Elementary	Total	
Hot Turk & Cheese Pretzel: DF	1 EACH	41.19
Cherry Tomatoes: 1/2c	1/2 CUP	2.63
Celery Sticks: 1/2c	1/2 CUP	2.21
Applesauce, Unsweetened, Cups	1/2 CUP	14.0
Milk, Skim Chocolate: PF	1 CARTON (1c)	20.0
Milk, Skim	1 CARTON (1c)	12.0
Weighted Daily Average		78.82
% of Calories		64.6%
Nutrient Guideline		

Fri - 09/08/2017		
Racine Elementary	Total	
Chicken Drumstick	1 each	5.0
Roll, WG Alpha	1 EACH	13.0
MASHED POTATOES	1/2 CUP	15.2
Gravy, Chicken: 2 OZ	2 OZ	6.0
Carrots, Baby: 1/2	1/2 CUP	7.5
PEACHES, DICED	1/2 CUP	8.5
Milk, Skim Chocolate: PF	1 CARTON (1c)	20.0
Milk, Skim	1 CARTON (1c)	12.0

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	Portion Size	Carb (g)
Weighted Daily Average		74.00
% of Calories		54.5%
Nutrient Guideline		

Mon - 09/11/2017		
Racine Elementary	Total	
Lasagna Roll w/ Marinara	1 EACH	42.06
Garlic Toast	1 EACH (1.3oz)	15.0
Celery Sticks: 1/2c	1/2 CUP	2.21
Ranch Reg, Packet	1 PKT	1.0
Pears, Diced	1/2 CUP	15.12
Milk, Skim Chocolate: PF	1 CARTON (1c)	20.0
Milk, Skim	1 CARTON (1c)	12.0
Weighted Daily Average		107.38
% of Calories		51.1%
Nutrient Guideline		

Tue - 09/12/2017		
Racine Elementary	Total	
Chicken Sandwich, Crispy	1 EACH	42.47
Baked Beans, vegetarian, USDA	1/2 CUP	20.0
Carrots, Baby: 1/4	1/4 CUP	3.75
Apple, 1/2 138ct: Elem Lunch	1/2 EACH (1/2C)	11.0
Milk, Skim Chocolate: PF	1 CARTON (1c)	20.0
Milk, Skim	1 CARTON (1c)	12.0
Weighted Daily Average		96.02
% of Calories		55.9%
Nutrient Guideline		

Wed - 09/13/2017		
Racine Elementary	Total	
MACARONI AND CHEESE	2/3 CUP	27.44
GLAZED CARROTS	1/2 CUP	14.3
Broccoli, Fresh: 1/2c	1/2 CUP	3.02
Fruit Medley	1/2 CUP	17.88
GOLDFISH CRACKERS, CHEDDAR	1 EACH	14.0
Milk, Skim Chocolate: PF	1 CARTON (1c)	20.0
Milk, Skim	1 CARTON (1c)	12.0
Weighted Daily Average		95.44
% of Calories		57.7%
Nutrient Guideline		

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	Portion Size	Carb (g)
Thu - 09/14/2017		
Racine Elementary	Total	
Meatball Hoagie	1 EACH	36.45
Peas: 1/2c	1/2 CUP	11.41
Spaghetti Sauce: 1/4c	1/4 CUP	7.0
Juice Box, Variety	1 BOX (4.23oz)	15.0
Milk, Skim Chocolate: PF	1 CARTON (1c)	20.0
Milk, Skim	1 CARTON (1c)	12.0
Weighted Daily Average		81.73
% of Calories		56.8%
Nutrient Guideline		

Fri - 09/15/2017		
Racine Elementary	Total	
Yogurt Cup, Variety	1 EACH (4oz)	19.2
MUFFIN, CHOC CHIP	1 EACH	28.0
Celery Sticks: 1/2c	1/2 CUP	2.21
Carrots, Baby: 1/4	1/4 CUP	3.75
Ranch Reg, Packet	1 PKT	1.0
Juice Box, Apple	1 BOX (4.23oz)	15.0
Milk, Skim Chocolate: PF	1 CARTON (1c)	20.0
Milk, Skim	1 CARTON (1c)	12.0
Weighted Daily Average		87.96
% of Calories		67.4%
Nutrient Guideline		

Mon - 09/18/2017		
Racine Elementary	Total	
Beef Burrito WG	1 each	38.0
CORN	1/2 CUP	17.0
Salsa: 1/4C	1/4 CUP	4.0
Cucumber Coins:1/4C	1/4 CUP	0.0
Juice Box, Variety	1 BOX (4.23oz)	15.0
Milk, Skim Chocolate: PF	1 CARTON (1c)	20.0
Milk, Skim	1 CARTON (1c)	12.0
Weighted Daily Average		75.97
% of Calories		56.3%
Nutrient Guideline		

Tue - 09/19/2017		
Racine Elementary	Total	
Cheese Stuffed Ravioli, Jumbo	3 EACH	39.89
Spaghetti Sauce: 1/4c	1/4 CUP	7.0
Garlic Toast	1 EACH (1.3oz)	15.0
Cauliflower, Fresh: 1/2c	1/2 CUP	1.88
MIXED FRUIT	1/2 CUP	6.5
Milk, Skim Chocolate: PF	1 CARTON (1c)	20.0
Milk, Skim	1 CARTON (1c)	12.0

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	Portion Size	Carb (g)
Weighted Daily Average		89.08
% of Calories		62.6%
Nutrient Guideline		

Wed - 09/20/2017		
Racine Elementary	Total	
Pancakes: 2	2 EACH	26.53
Syrup, Packet	packet	19.0
Turkey Sausage Patty	1 EACH	0.2
Hashbrown Patty, Rectangle, LW	EACH	14.5
Ketchup, Packet	1 PKT (9g)	3.0
Orange, Sliced	1 EACH	21.0
Juice, Wango Mango	1 each	13.0
Milk, Skim Chocolate: PF	1 CARTON (1c)	20.0
Milk, Skim	1 CARTON (1c)	12.0
Weighted Daily Average		116.03
% of Calories		70.3%
Nutrient Guideline		

Thu - 09/21/2017		
Racine Elementary	Total	
Chicken Nuggets, WG Tyson	5 EACH	16.0
BAKED BEANS	1/2 CUP	22.0
Carrots, Baby: 1/4	1/4 CUP	3.75
Banana: Petite	1 EACH	29.0
Milk, Skim Chocolate: PF	1 CARTON (1c)	20.0
Milk, Skim	1 CARTON (1c)	12.0
Weighted Daily Average		89.55
% of Calories		58.7%
Nutrient Guideline		

Fri - 09/22/2017		
Racine Elementary	Total	
Sunflower Butter & Grape Jelly	1 each	33.0
Celery Sticks: 1/2c	1/2 CUP	2.21
Carrots, Baby: 1/4	1/4 CUP	3.75
Ranch Reg, Packet	1 PKT	1.0
Juice Box, Variety	1 BOX (4.23oz)	15.0
Milk, Skim Chocolate: PF	1 CARTON (1c)	20.0
Milk, Skim	1 CARTON (1c)	12.0
Weighted Daily Average		73.76
% of Calories		51.5%
Nutrient Guideline		

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	Portion Size	Carb (g)
Mon - 09/25/2017		
Racine Elementary	Total	
SALISBURY STEAK	1 EACH (2.67oz)	4.0
Gravy, Brown: 1 OZ	1 OZ	1.5
MASHED POTATOES	1/2 CUP	15.2
Roll, WG Fox	1 EACH	13.0
Carrots, Baby: 1/4	1/4 CUP	3.75
PEACHES, DICED	1/2 CUP	8.5
Milk, Skim Chocolate: PF	1 CARTON (1c)	20.0
Milk, Skim	1 CARTON (1c)	12.0
Weighted Daily Average		64.75
% of Calories		49.5%
Nutrient Guideline		

Tue - 09/26/2017		
Racine Elementary	Total	
Mini Corn Dogs	6 EACH (4.02oz)	23.0
Ketchup, Packet	1 PKT (9g)	3.0
Baked Beans, vegetarian, USDA	1/2 CUP	20.0
Celery Sticks: 1/4c	1/4 CUP	1.1
MIXED FRUIT	1/2 CUP	6.5
Milk, Skim Chocolate: PF	1 CARTON (1c)	20.0
Milk, Skim	1 CARTON (1c)	12.0
Weighted Daily Average		72.40
% of Calories		65.6%
Nutrient Guideline		

Wed - 09/27/2017		
Racine Elementary	Total	
TOASTED CHEESE	1 EACH	28.9
Carrots, Baby: 1/2	1/2 CUP	7.5
Cauliflower, Fresh: 1/4c	1/4 CUP	0.94
PINEAPPLE	1/2 CUP	17.0
Milk, Skim Chocolate: PF	1 CARTON (1c)	20.0
Milk, Skim	1 CARTON (1c)	12.0
Weighted Daily Average		73.15
% of Calories		48.6%
Nutrient Guideline		

Thu - 09/28/2017		
Racine Elementary	Total	
Tacos, Beef: E	2 TACOS	37.84
Taco Sauce, Packet	1 PKT (9g)	1.0
CORN	1/2 CUP	17.0
Romaine, Chopped:1/2c	1/2 CUP	0.96
Apple, 1/2 138ct: Elem Lunch	1/2 EACH (1/2C)	11.0
Milk, Skim Chocolate: PF	1 CARTON (1c)	20.0
Milk, Skim	1 CARTON (1c)	12.0

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Portion Values - Detailed

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	Portion Size	Carb (g)
Weighted Daily Average		85.65
% of Calories		45.9%
Nutrient Guideline		

Weighted Average		87.70 57.9%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	87.70	57.87%						

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/05/2017															
Racine Elementary	Total														
Pizza, Cheese: Elem	SLICE (3.74 OZ)	270	10	750	4.00	4.50	250.0	500	0.0	*N/A*	15.0	33.0	9.0	3.00	0.00
Broccoli, Frozen: 1/2c	1/2 CUP	23	0	18	1.83	0.37	18.3	459	33.02	*N/A*	1.83	3.67	0.0	0.00	0.00
Cauliflower, Fresh: 1/4c	1/4 CUP	6	0	8	0.63	0.04	3.9	0	7.27	*N/A*	0.63	0.94	0.0	0.00	0.00
Banana: Petite	1 EACH	110	0	0	4.00	0.40	0.0	105	9.0	21	1.0	29.0	0.0	0.00	0.00
Milk, Skim Chocolate: PF	1 CARTO N (1c)	110	5	180	0.00	0.40	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Milk, Skim	1 CARTO N (1c)	80	5	128	0.00	0.18	300.0	1150	2.4	*N/A*	8.0	12.0	0.0	0.00	0.00
Weighted Daily Average % of Calories		515	15	948	10.46	5.68	572.2	1661	50.66	*21 *16.3%	26.46 20.6%	85.41 66.4%	9.00 15.7%	3.00 5.2%	0.00 0.0%
Nutrient Guideline		550-650		1230										<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/06/2017															
Racine Elementary	Total														
French Toast Sticks, Aunt J 4	4 EACH	300	0	380	2.00	1.80	60.0	75	0.0	15	6.0	42.0	12.0	3.00	0.00
Syrup, Packet	packet	80	0	5	0.00	0.00	0.0	0	0.0	*N/A*	0.0	19.0	0.0	0.00	0.00
Turkey Sausage Patty	1 EACH	61	30	122	0.00	0.50	10.0	209	0.5	*N/A*	6.2	0.2	4.1	1.00	*N/A*
Hashbrown Patty, Rectangle, LW	EACH	125	0	245	2.00	0.36	10.0	0	2.4	0	2.0	14.5	6.5	1.75	0.00
Ketchup, Packet	1 PKT (9g)	10	0	105	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
Orange, Sliced	1 EACH	80	0	0	5.00	0.00	40.0	0	72.0	*N/A*	1.0	21.0	0.0	0.00	0.00
Juice, Wango Mango	1 each	50	0	30	0.00	0.00	0.0	500	30.0	*N/A*	0.0	13.0	0.0	0.00	0.00
Milk, Skim Chocolate: PF	1 CARTO N (1c)	110	5	180	0.00	0.40	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Milk, Skim	1 CARTO N (1c)	80	5	128	0.00	0.18	300.0	1150	2.4	*N/A*	8.0	12.0	0.0	0.00	0.00
Weighted Daily Average % of Calories		812	35	1059	9.00	3.03	420.0	1382	106.28	*15 *7.4%	23.20 11.4%	131.50 64.8%	22.60 25.1%	5.75 6.4%	*0.00 *0.0%
Nutrient Guideline		550-650		1230										<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/07/2017															
Racine Elementary	Total														
Hot Turk & Cheese Pretzel: DF	1 EACH	306	43	1000	3.00	2.55	20.0	0	1.28	*N/A*	26.21	41.19	4.06	2.03	0.00
Cherry Tomatoes: 1/2c	1/2 CUP	13	0	4	0.66	0.20	7.2	612	9.85	*N/A*	0.64	2.63	0.0	0.00	0.00
Celery Sticks: 1/2c	1/2 CUP	12	0	59	1.19	0.15	29.7	333	2.3	*N/A*	0.51	2.21	0.13	0.03	0.00
Applesauce, Unsweetened, Cups	1/2 CUP	51	0	2	1.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	14.0	0.0	0.00	0.00
Milk, Skim Chocolate: PF	1 CARTO N (1c)	110	5	180	0.00	0.40	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Milk, Skim	1 CARTO N (1c)	80	5	128	0.00	0.18	300.0	1150	2.4	*N/A*	8.0	12.0	0.0	0.00	0.00
Weighted Daily Average		488	48	1238	5.85	*3.26	*356.9	*1543	*14.81	*N/A*	35.37	78.82	4.19	2.06	0.00
% of Calories										*N/A%*	29.0%	64.6%	7.7%	3.8%	0.0%
Nutrient Guideline		550-650		1230											<10.00

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 09/08/2017															
Racine Elementary	Total														
Chicken Drumstick	1 each	190	50	450	1.00	1.08	20.0	100	0.0	*N/A*	16.0	5.0	11.0	2.50	0.00
Roll, WG Alpha	1 EACH	80	0	140	1.00	0.72	0.0	5	0.0	1	3.0	13.0	1.5	0.00	0.00
MASHED POTATOES	1/2 CUP	68	0	20	1.20	0.20	11.8	2	32.31	1	1.6	15.2	0.0	0.00	0.00
Gravy, Chicken: 2 OZ	2 OZ	35	0	280	0.00	0.00	0.0	0	0.0	*N/A*	1.0	6.0	1.0	0.00	0.00
Carrots, Baby: 1/2	1/2 CUP	30	0	67	1.50	0.00	0.0	6000	0.0	*N/A*	0.0	7.5	0.0	0.00	0.00
PEACHES, DICED	1/2 CUP	35	0	5	0.00	0.00	0.0	150	0.6	6	0.0	8.5	0.0	0.00	0.00
Milk, Skim Chocolate: PF	1 CARTO N (1c)	110	5	180	0.00	0.40	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Milk, Skim	1 CARTO N (1c)	80	5	128	0.00	0.18	300.0	1150	2.4	*N/A*	8.0	12.0	0.0	0.00	0.00
Weighted Daily Average		543	55	1134	4.70	2.37	331.8	6855	34.29	*8	29.60	74.00	13.50	2.50	0.00
% of Calories										*6.3%	21.8%	54.5%	22.4%	4.1%	0.0%
Nutrient Guideline		550-650		1230											<10.00

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/11/2017															
Racine Elementary	Total														
Lasagna Roll w/ Marinara	1 EACH	420	45	1223	2.00	2.50	544.3	1353	18.03	*5	24.01	42.06	17.52	8.00	0.00
Garlic Toast	1 EACH (1.3oz)	90	0	190	2.00	0.90	0.0	400	0.0	*N/A*	3.0	15.0	2.5	0.50	0.00
Celery Sticks: 1/2c	1/2 CUP	12	0	59	1.19	0.15	29.7	333	2.3	*N/A*	0.51	2.21	0.13	0.03	0.00
Ranch Reg, Packet	1 PKT	70	5	100	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.0	7.0	1.00	0.00
Pears, Diced	1/2 CUP	58	0	2	2.00	0.26	9.0	0	2.5	*N/A*	0.38	15.12	0.12	0.00	0.00
Milk, Skim Chocolate: PF	1 CARTON (1c)	110	5	180	0.00	0.40	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Milk, Skim	1 CARTON (1c)	80	5	128	0.00	0.18	300.0	1150	2.4	*N/A*	8.0	12.0	0.0	0.00	0.00
Weighted Daily Average % of Calories		840	60	1882	7.19	4.39	1183.0	3737	26.43	*5 *2.4%	43.91 20.9%	107.38 51.1%	27.27 29.2%	9.53 10.2%	0.00 0.0%
Nutrient Guideline		550-650		1230										<10.00	

Tue - 09/12/2017															
Racine Elementary	Total														
Chicken Sandwich, Crispy	1 EACH	417	25	648	5.65	3.23	72.0	117	0.0	4	22.24	42.47	16.94	2.82	0.01
Baked Beans, vegetarian, USDA	1/2 CUP	110	0	140	5.00	1.80	0.0	25	0.0	5	7.0	20.0	1.0	0.00	0.00
Carrots, Baby: 1/4	1/4 CUP	15	0	34	0.75	0.00	0.0	3000	0.0	*N/A*	0.0	3.75	0.0	0.00	0.00
Apple, 1/2 138ct: Elem Lunch	1/2 EACH (1/2C)	40	0	0	2.50	0.20	10.0	50	6.0	*N/A*	0.0	11.0	0.0	0.00	0.00
Milk, Skim Chocolate: PF	1 CARTON (1c)	110	5	180	0.00	0.40	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Milk, Skim	1 CARTON (1c)	80	5	128	0.00	0.18	300.0	1150	2.4	*N/A*	8.0	12.0	0.0	0.00	0.00
Weighted Daily Average % of Calories		687	30	994	13.90	5.60	382.0	3789	7.38	*9 *5.5%	37.24 21.7%	96.02 55.9%	17.94 23.5%	2.82 3.7%	0.01 0.0%
Nutrient Guideline		550-650		1230										<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/13/2017															
Racine Elementary	Total														
MACARONI AND CHEESE	2/3 CUP	296	31	896	0.89	1.02	482.0	684	0.39	*N/A*	19.64	27.44	12.18	6.83	*N/A*
GLAZED CARROTS	1/2 CUP	76	4	53	3.00	0.38	36.1	3294	3.92	*0	1.02	14.3	1.35	0.84	*0.00
Broccoli, Fresh: 1/2c	1/2 CUP	15	0	15	1.18	0.33	21.4	283	40.59	*N/A*	1.28	3.02	0.17	0.02	0.00
Fruit Medley	1/2 CUP	68	0	8	1.60	0.37	6.0	12	3.81	*N/A*	0.52	17.88	0.1	0.03	0.00
GOLDFISH CRACKERS, CHEDDA	1 EACH	100	3	170	1.00	0.40	20.0	0	0.0	*N/A*	3.0	14.0	3.5	1.00	0.00
Milk, Skim Chocolate: PF	1 CARTO N (1c)	110	5	180	0.00	0.40	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Milk, Skim	1 CARTO N (1c)	80	5	128	0.00	0.18	300.0	1150	2.4	*N/A*	8.0	12.0	0.0	0.00	0.00
Weighted Daily Average % of Calories		661	43	1314	7.68	2.86	865.4	4870	50.08	*0 *0.0%	33.46 20.2%	95.44 57.7%	17.30 23.5%	8.71 11.9%	*0.00 *0.0%
Nutrient Guideline		550-650		1230										<10.00	

Thu - 09/14/2017															
Racine Elementary	Total														
Meatball Hoagie	1 EACH	348	36	734	4.30	4.41	182.0	575	5.46	*8	20.95	36.45	11.33	4.70	0.01
Peas: 1/2c	1/2 CUP	62	0	58	4.40	1.26	19.0	1680	7.9	*N/A*	4.12	11.41	0.22	0.04	0.00
Spaghetti Sauce: 1/4c	1/4 CUP	40	0	250	1.50	0.54	10.0	375	4.5	3	1.5	7.0	0.0	0.00	0.00
Juice Box, Variety	1 BOX (4.23oz)	60	0	5	0.00	0.00	100.0	0	60.0	*N/A*	0.0	15.0	0.0	0.00	0.00
Milk, Skim Chocolate: PF	1 CARTO N (1c)	110	5	180	0.00	0.40	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Milk, Skim	1 CARTO N (1c)	80	5	128	0.00	0.18	300.0	1150	2.4	*N/A*	8.0	12.0	0.0	0.00	0.00
Weighted Daily Average % of Calories		575	41	971	8.71	6.05	601.1	2856	74.79	*8 *5.4%	33.08 23.0%	81.73 56.8%	11.55 18.1%	4.74 7.4%	0.01 0.0%
Nutrient Guideline		550-650		1230										<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 09/15/2017															
Racine Elementary Yogurt Cup, Variety	Total 1 EACH (4oz)	90	0	75	0.00	0.00	300.0	0	0.96	*N/A*	3.0	19.2	0.0	0.00	0.00
MUFFIN, CHOC CHIP	1 EACH	170	30	130	2.00	1.10	40.0	75	0.0	15	3.0	28.0	6.0	1.00	0.00
Celery Sticks: 1/2c	1/2 CUP	12	0	59	1.19	0.15	29.7	333	2.3	*N/A*	0.51	2.21	0.13	0.03	0.00
Carrots, Baby: 1/4	1/4 CUP	15	0	34	0.75	0.00	0.0	3000	0.0	*N/A*	0.0	3.75	0.0	0.00	0.00
Ranch Reg, Packet	1 PKT	70	5	100	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.0	7.0	1.00	0.00
Juice Box, Apple	1 BOX (4.23oz)	60	0	5	0.00	0.00	100.0	0	60.0	*N/A*	0.0	15.0	0.0	0.00	0.00
Milk, Skim Chocolate: PF	1 CARTON (1c)	110	5	180	0.00	0.40	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Milk, Skim	1 CARTON (1c)	80	5	128	0.00	0.18	300.0	1150	2.4	*N/A*	8.0	12.0	0.0	0.00	0.00
Weighted Daily Average % of Calories		522	40	575	3.94	1.62	769.7	4006	64.64	*15 *11.5%	14.51 11.1%	87.96 67.4%	13.13 22.6%	2.03 3.5%	0.00 0.0%
Nutrient Guideline		550-650		1230											<10.00

Mon - 09/18/2017															
Racine Elementary Beef Burrito WG	Total 1 each	350	25	560	5.00	1.44	100.0	400	1.2	*N/A*	16.0	38.0	15.0	7.00	0.00
CORN	1/2 CUP	80	17	140	2.00	0.00	0.0	0	3.6	*N/A*	2.0	17.0	1.0	0.00	0.00
Salsa: 1/4C	1/4 CUP	20	0	140	1.00	0.72	40.0	1000	12.0	2	0.0	4.0	0.0	0.00	0.00
Cucumber Coins:1/4C	1/4 CUP	3	0	0	0.00	0.09	3.7	46	1.1	*N/A*	0.23	0.0	0.0	0.00	0.00
Juice Box, Variety	1 BOX (4.23oz)	60	0	5	0.00	0.00	100.0	0	60.0	*N/A*	0.0	15.0	0.0	0.00	0.00
Milk, Skim Chocolate: PF	1 CARTON (1c)	110	5	180	0.00	0.40	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Milk, Skim	1 CARTON (1c)	80	5	128	0.00	0.18	300.0	1150	2.4	*N/A*	8.0	12.0	0.0	0.00	0.00
Weighted Daily Average % of Calories		540	30	879	6.02	2.62	543.7	2043	75.72	*2 *1.5%	24.25 18.0%	75.97 56.3%	15.01 25.0%	7.00 11.7%	0.00 0.0%
Nutrient Guideline		550-650		1230											<10.00

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/19/2017															
Racine Elementary	Total														
Cheese Stuffed Ravioli, Jumbo	3 EACH	291	50	948	5.40	2.33	222.7	1151	16.22	9	17.4	39.89	6.0	3.00	0.00
Spaghetti Sauce: 1/4c	1/4 CUP	40	0	250	1.50	0.54	10.0	375	4.5	3	1.5	7.0	0.0	0.00	0.00
Garlic Toast	1 EACH (1.3oz)	90	0	190	2.00	0.90	0.0	400	0.0	*N/A*	3.0	15.0	2.5	0.50	0.00
Cauliflower, Fresh: 1/2c	1/2 CUP	13	0	16	1.26	0.09	7.7	0	14.53	*N/A*	1.26	1.88	0.0	0.00	0.00
MIXED FRUIT	1/2 CUP	30	0	2	0.50	0.00	0.0	100	0.6	7	0.5	6.5	0.0	0.00	0.00
Milk, Skim Chocolate: PF	1 CARTON (1c)	110	5	180	0.00	0.40	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Milk, Skim	1 CARTON (1c)	80	5	128	0.00	0.18	300.0	1150	2.4	*N/A*	8.0	12.0	0.0	0.00	0.00
Weighted Daily Average % of Calories		569	55	1578	10.66	4.22	540.4	2624	37.23	*18 *12.9%	31.66 22.3%	89.08 62.6%	8.50 13.4%	3.50 5.5%	0.00 0.0%
Nutrient Guideline		550-650		1230										<10.00	

Wed - 09/20/2017															
Racine Elementary	Total														
Pancakes: 2	2 EACH	149	6	214	1.94	1.16	0.0	16	0.0	3	3.24	26.53	3.88	0.65	0.00
Syrup, Packet	packet	80	0	5	0.00	0.00	0.0	0	0.0	*N/A*	0.0	19.0	0.0	0.00	0.00
Turkey Sausage Patty	1 EACH	61	30	122	0.00	0.50	10.0	209	0.5	*N/A*	6.2	0.2	4.1	1.00	*N/A*
Hashbrown Patty, Rectangle, LW	EACH	125	0	245	2.00	0.36	10.0	0	2.4	0	2.0	14.5	6.5	1.75	0.00
Ketchup, Packet	1 PKT (9g)	10	0	105	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
Orange, Sliced	1 EACH	80	0	0	5.00	0.00	40.0	0	72.0	*N/A*	1.0	21.0	0.0	0.00	0.00
Juice, Wango Mango	1 each	50	0	30	0.00	0.00	0.0	500	30.0	*N/A*	0.0	13.0	0.0	0.00	0.00
Milk, Skim Chocolate: PF	1 CARTON (1c)	110	5	180	0.00	0.40	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Milk, Skim	1 CARTON (1c)	80	5	128	0.00	0.18	300.0	1150	2.4	*N/A*	8.0	12.0	0.0	0.00	0.00
Weighted Daily Average % of Calories		661	42	893	8.94	2.39	360.0	1323	106.28	*3 *2.0%	20.44 12.4%	116.03 70.3%	14.48 19.7%	3.40 4.6%	*0.00 *0.0%
Nutrient Guideline		550-650		1230										<10.00	

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Arbor Management-Inc.

Sep 5, 2017 thru Sep 28, 2017

Base Menu Spreadsheet

Racine Elementary

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/21/2017															
Racine Elementary	Total														
Chicken Nuggets, WG Tyson	5 EACH	260	25	400	3.00	1.80	40.0	100	2.4	1	16.0	16.0	15.0	2.50	0.00
BAKED BEANS	1/2 CUP	120	5	550	6.00	1.80	40.0	100	1.2	4	6.0	22.0	1.5	0.50	0.00
Carrots, Baby: 1/4	1/4 CUP	15	0	34	0.75	0.00	0.0	3000	0.0	*N/A*	0.0	3.75	0.0	0.00	0.00
Banana: Petite	1 EACH	110	0	0	4.00	0.40	0.0	105	9.0	21	1.0	29.0	0.0	0.00	0.00
Milk, Skim Chocolate: PF	1 CARTO N (1c)	110	5	180	0.00	0.40	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Milk, Skim	1 CARTO N (1c)	80	5	128	0.00	0.18	300.0	1150	2.4	*N/A*	8.0	12.0	0.0	0.00	0.00
Weighted Daily Average % of Calories		610	35	1156	13.75	4.37	380.0	3902	13.98	*26 *17.0%	31.00 20.3%	89.55 58.7%	16.50 24.3%	3.00 4.4%	0.00 0.0%
Nutrient Guideline		550-650		1230											<10.00

Fri - 09/22/2017															
Racine Elementary	Total														
Sunflower Butter & Grape Jelly	1 each	310	0	250	5.00	2.70	40.0	0	0.0	*N/A*	10.0	33.0	17.0	2.00	0.00
Celery Sticks: 1/2c	1/2 CUP	12	0	59	1.19	0.15	29.7	333	2.3	*N/A*	0.51	2.21	0.13	0.03	0.00
Carrots, Baby: 1/4	1/4 CUP	15	0	34	0.75	0.00	0.0	3000	0.0	*N/A*	0.0	3.75	0.0	0.00	0.00
Ranch Reg, Packet	1 PKT	70	5	100	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.0	7.0	1.00	0.00
Juice Box, Variety	1 BOX (4. 23oz)	60	0	5	0.00	0.00	100.0	0	60.0	*N/A*	0.0	15.0	0.0	0.00	0.00
Milk, Skim Chocolate: PF	1 CARTO N (1c)	110	5	180	0.00	0.40	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Milk, Skim	1 CARTO N (1c)	80	5	128	0.00	0.18	300.0	1150	2.4	*N/A*	8.0	12.0	0.0	0.00	0.00
Weighted Daily Average % of Calories		572	10	620	6.94	3.22	469.7	3931	63.68	*N/A* *N/A%*	18.51 12.9%	73.76 51.5%	24.13 37.9%	3.03 4.8%	0.00 0.0%
Nutrient Guideline		550-650		1230											<10.00

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/25/2017															
Racine Elementary	Total														
SALISBURY STEAK	1 EACH (2.67oz)	230	55	370	2.00	1.80	0.0	0	0.0	*N/A*	14.0	4.0	17.0	8.00	0.00
Gravy, Brown: 1 OZ	1 OZ	10	0	120	0.00	0.00	0.0	0	0.0	*N/A*	0.5	1.5	0.25	0.00	0.00
MASHED POTATOES	1/2 CUP	68	0	20	1.20	0.20	11.8	2	32.31	1	1.6	15.2	0.0	0.00	0.00
Roll, WG Fox	1 EACH	60	0	140	2.00	0.72	20.0	0	0.0	*N/A*	2.0	13.0	1.0	0.00	0.00
Carrots, Baby: 1/4	1/4 CUP	15	0	34	0.75	0.00	0.0	3000	0.0	*N/A*	0.0	3.75	0.0	0.00	0.00
PEACHES, DICED	1/2 CUP	35	0	5	0.00	0.00	0.0	150	0.6	6	0.0	8.5	0.0	0.00	0.00
Milk, Skim Chocolate: PF	1 CARTON (1c)	110	5	180	0.00	0.40	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Milk, Skim	1 CARTON (1c)	80	5	128	0.00	0.18	300.0	1150	2.4	*N/A*	8.0	12.0	0.0	0.00	0.00
Weighted Daily Average		523	60	861	5.95	3.09	331.8	3750	34.29	*7	26.10	64.75	18.25	8.00	0.00
% of Calories										*5.7%	19.9%	49.5%	31.4%	13.8%	0.0%
Nutrient Guideline		550-650		1230										<10.00	

Tue - 09/26/2017															
Racine Elementary	Total														
Mini Corn Dogs	6 EACH (4.02oz)	180	25	250	2.00	1.44	60.0	40	48.0	8	8.0	23.0	8.0	2.00	0.00
Ketchup, Packet	1 PKT (9g)	10	0	105	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
Baked Beans, vegetarian, USDA	1/2 CUP	110	0	140	5.00	1.80	0.0	25	0.0	5	7.0	20.0	1.0	0.00	0.00
Celery Sticks: 1/4c	1/4 CUP	6	0	30	0.59	0.07	14.9	167	1.15	*N/A*	0.26	1.1	0.06	0.02	0.00
MIXED FRUIT	1/2 CUP	30	0	2	0.50	0.00	0.0	100	0.6	7	0.5	6.5	0.0	0.00	0.00
Milk, Skim Chocolate: PF	1 CARTON (1c)	110	5	180	0.00	0.40	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Milk, Skim	1 CARTON (1c)	80	5	128	0.00	0.18	300.0	1150	2.4	*N/A*	8.0	12.0	0.0	0.00	0.00
Weighted Daily Average		441	30	699	8.09	3.68	374.9	929	51.13	*19	23.76	72.40	9.06	2.02	0.00
% of Calories										*17.7%	21.5%	65.6%	18.5%	4.1%	0.0%
Nutrient Guideline		550-650		1230										<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/27/2017															
Racine Elementary	Total														
TOASTED CHEESE	1 EACH	390	60	1127	2.40	1.37	344.3	728	0.0	*3	15.28	28.9	23.58	12.57	0.00
Carrots, Baby: 1/2	1/2 CUP	30	0	67	1.50	0.00	0.0	6000	0.0	*N/A*	0.0	7.5	0.0	0.00	0.00
Cauliflower, Fresh: 1/4c	1/4 CUP	6	0	8	0.63	0.04	3.9	0	7.27	*N/A*	0.63	0.94	0.0	0.00	0.00
PINEAPPLE	1/2 CUP	70	0	10	1.00	0.70	20.0	100	9.0	14	1.0	17.0	0.0	0.00	0.00
Milk, Skim Chocolate: PF	1 CARTO N (1c)	110	5	180	0.00	0.40	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Milk, Skim	1 CARTO N (1c)	80	5	128	0.00	0.18	300.0	1150	2.4	*N/A*	8.0	12.0	0.0	0.00	0.00
Weighted Daily Average % of Calories		602	65	1385	5.53	2.48	668.1	7426	17.65	*17 *11.3%	24.91 16.5%	73.15 48.6%	23.58 35.2%	12.57 18.8%	0.00 0.0%
Nutrient Guideline		550-650		1230											<10.00

Thu - 09/28/2017															
Racine Elementary	Total														
Tacos, Beef: E	2 TACOS	516	76	1150	5.73	3.21	364.6	815	2.13	*N/A*	27.84	37.84	25.86	14.88	0.00
Taco Sauce, Packet	1 PKT (9g)	5	0	95	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.0	0.0	0.00	0.00
CORN	1/2 CUP	80	17	140	2.00	0.00	0.0	0	3.6	*N/A*	2.0	17.0	1.0	0.00	0.00
Romaine, Chopped:1/2c	1/2 CUP	5	0	0	0.61	0.28	9.6	2531	1.16	*N/A*	0.36	0.96	0.09	0.01	0.00
Apple, 1/2 138ct: Elem Lunch	1/2 EACH (1/2C)	40	0	0	2.50	0.20	10.0	50	6.0	*N/A*	0.0	11.0	0.0	0.00	0.00
Milk, Skim Chocolate: PF	1 CARTO N (1c)	110	5	180	0.00	0.40	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Milk, Skim	1 CARTO N (1c)	80	5	128	0.00	0.18	300.0	1150	2.4	*N/A*	8.0	12.0	0.0	0.00	0.00
Weighted Daily Average % of Calories		747	98	1557	10.23	3.78	674.7	1488	13.12	*N/A* *N/A%*	37.84 20.3%	85.65 45.9%	26.87 32.4%	14.88 17.9%	0.00 0.0%
Nutrient Guideline		550-650		1230											<10.00

Weighted Average		606	44	1097	8.20	*3.59	*545.9	*3229	*46.80	*10 *14.2%	28.63 18.9%	87.70 57.9%	16.27 24.2%	5.47 8.1%	*0.00 *0.0%
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Nutrient	Menu AVG	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	606		550 - 650	100%												
Cholesterol (mg)	44															
Sodium (mg)	1097		1230													
Fiber (g)	8.20															
Iron (mg)	3.59				Missing											
Calcium (mg)	545.9				Missing											
Vitamin A (IU)	3229				Missing											
Sugars (g)	10	6.32%			Missing											
Vitamin C (mg)	46.80				Missing											
Protein (g)	28.63	18.89%														
Carbohydrate (g)	87.70	57.87%														
Total Fat (g)	16.27	24.16%														
Saturated Fat (g)	5.47	8.13%		<10.00%												
Trans Fat ¹ (g)	0.00	0.00%			Missing											

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