



September 2019

Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2  	3 Global Flavors! Sweet & Sour Popcorn Chicken w/ Rice Grill: Chipotle Ranch Burger G&G: Egg Chef Salad Chicken Ranch Wrap Broccoli	4 Pizza Dippers w/ Marinara Sauce Grill: Buffalo Chicken Sandwich G&G: Popcorn Chicken Salad Ham & Cheese Sandwich Pizza: Sausage Green Beans	5 Beef Nachos Grill: Jalapeno Cheeseburger G&G: Ham & Turkey Chef Salad Chicken Salad Sandwich Refried Beans	6 Chicken Alfredo w/ Garlic Toast Grill: Bacon Cheeseburger G&G: Chicken Chef Salad Peanut Butter Wrap Carrot Coins	Served Daily... Chicken Patty Sandwich Cheeseburger Two Varieties of Pizza Peanut Butter & Jelly Sandwich Grab & Go Packs Assorted Veggies Assorted Fresh, Canned Fruits or 100% Fruit juice Skim or 1% White Milk Skim Chocolate Milk
9 BBQ Cheesesteak Sandwich Grill: Chicken Ranch Sandwich G&G: Chicken Caesar Salad Turkey & Cheese Sandwich Green Beans	10 Cheeseburger Rolletto Grill: Grilled Turkey & Cheese Sandwich G&G: Egg Chef Salad Chicken Ranch Wrap Sweet Potato Fries	11 Fuel Special! Sweet Potato Tater Tots w/ Spicy Popcorn Chicken & BBQ Crema w/ Garlic Toast Grill: Honey Mustard Chicken Sandwich G&G: Popcorn Chicken Salad Ham & Cheese Sandwich Pizza: Cheeseburger Refried Beans	12 Breaded Chicken Drumstick w/ Dinner Rolls Grill: BBQ Cheeseburger G&G: Ham & Turkey Chef Salad Chicken Salad Sandwich Mashed Potatoes & Gravy	13 Chicken Fried Rice Grill: Pizza Burger G&G: Chicken Chef Salad Peanut Butter Wrap Broccoli	
16 Fish Sticks w/ Sriracha Sauce & Dinner Roll Grill: Pepper Jack Cheeseburger G&G: Chicken Caesar Salad Turkey & Cheese Sandwich Criss Cut Fries	17 Popcorn Chicken Mashed Potato Bowl w/ Pretzel Grill: Philly Cheesesteak G&G: Egg Chef Salad Chicken Ranch Wrap Mashed Potatoes & Gravy	18 Cheese Ravioli w/ Marinara & Garlic Toast Grill: Sloppy Joe Sandwich G&G: Popcorn Chicken Salad Ham & Cheese Sandwich Pizza: Meat Lover's Broccoli	19 Brunch for Lunch! Cheesy Scrambled Eggs w/ Waffles & Fruit Topping Grill: Bacon Cheeseburger G&G: Ham & Turkey Chef Salad Chicken Salad Sandwich Sweet Potato Tater Tots	20 Chicago Style Hot Dog Grill: Grilled Ham & Cheese Sandwich G&G: Chicken Chef Salad Peanut Butter Wrap Baked Beans	
23 Meatloaf w/ Glaze & Bread Slices Grill: BBQ Pork Rib Sandwich G&G: Chicken Caesar Salad Turkey & Cheese Sandwich Mashed Potatoes & Gravy	24 Ham & Cheese on a Pretzel Bun Grill: Chicken Club Sandwich G&G: Egg Chef Salad Chicken Ranch Wrap Carrot Coins	25 Teriyaki Chicken w/ Vegetable Lo Mein Grill: Taco Cheeseburger G&G: Popcorn Chicken Salad Ham & Cheese Sandwich Pizza: Spicy Pepperoni Broccoli	26 Beef Tacos w/ Mexican Spiced Rice Grill: BBQ Chicken & Cheddar Sandwich G&G: Ham & Turkey Chef Salad Chicken Salad Sandwich Refried Beans	27 Buzzer Beater Basket Grill: Chipotle Burger G&G: Chicken Chef Salad Peanut Butter Wrap Green Peas National Chocolate Milk Day!	
30 Diced Chicken & Gravy w/ Biscuit Grill: Three Cheese Grilled Cheese Sandwich G&G: Chicken Caesar Salad Turkey & Cheese Sandwich Mashed Potatoes & Gravy					

Menus are subject to change without notice.

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