



# Parent University 2018-19 Program Calendar



(Mar. Continued)

Tues., Mar. 12th 9-10:30 a.m. & 5-6:30 p.m.

## Assessments & Data: the Big Questions Answered for Parents of Students taking the Wisconsin Forward Exam in Grades 3-8

Presenter: Jacquelyn Moga, Executive Director of Assessment & Accountability, RUSD

Student information is key to classroom decision making. It is important for our parents to have an understanding of how various data are used to drive instructional decisions to meet the needs of students for future success. This session will help you understand your student's results from the Forward assessments and how to use these data to support learning outcomes.

### Julian Thomas School

930 Martin Luther King Dr., Racine

Tues., Mar. 12th 5-6:30 p.m.

## Design, Build, and Test (For Parents & Middle School Students)

Presenter: Terri Tessman, Ask, Make, Innovate LLC Consultant

Parents come to support your students as they design, build and test something that moves, possible a car of their dreams, something that flies, or a toy that is interactive. Students will leave with their drawn design and a prototype of their "invention"

### Walden III High School

2340 Mohr St., Racine

Thurs., Mar. 14th 5-6:30 p.m.

## Social Security for Individuals with Disabilities - How to Navigate the System

Presenter: Justine Bieganski & Ann Widmar, Community Partners

This session will give an overview of the types of Social Security offered, the application process, and how to maintain eligibility.

### Julian Thomas School

930 Martin Luther King Dr., Racine

Tues., Mar. 19th 9-10:30 a.m. & 5-6:30 p.m.

## Dual Language Parent Collaborative (am/pm sessions)

Presenter: Jacquelyn Moga, Executive Director of Assessment & Accountability, RUSD

The Dual Language Team is looking forward to working with you at our Parent Collaboratives. This session provides families of current students in the Dual Language program the opportunity to acquire relevant information and resources about the program and its various components. Sessions will be held in English and Spanish.

### Janes School

1425 N. Wisconsin St., Racine

## April

Tues., Apr. 9th 5-6:30 p.m.

## Everybody Goes Home Safe

Presenter: Deputy Chief William Macemon, Racine Police Department

This is a great opportunity for students and their families to learn and discuss what their rights are when interacting with law enforcement. Understand what you can and cannot do and what law enforcement can and cannot do. Encounter with law enforcement does not need to turn out to be negative or dangerous.

### Horlick High School

2119 Rapids Dr., Racine

Thurs., Apr. 11th 5-6:30 p.m.

## The Kidney Connection (Filtering System)

Presenters: Joyce Wadlington & Juanita Tyler, Racine Kenosha Wisconsin Chapter of the National Black Nurses Association

Why discuss kidney Disease? Learn how the connection between high blood pressure, heart disease and stress plays a part in kidney disease. Discuss the role of prevention and how proper nutrition matters.

### Julian Thomas School

930 Martin Luther King Dr., Racine

## May

Thurs., May 2nd 10-11:30 a.m. & 5-6:30 p.m.

## Wellness and You

Presenter: Julie Hueller RN, BS, MSM- RUSD

This session will guide you through an interactive presentation and group activity on the seven areas that make up your overall wellness. Come to join in and see how you are doing in your overall wellness and learn tips and techniques to improve your wellness.

### Julian Thomas School

930 Martin Luther King Dr., Racine

(May Continued)

Tues., May 7th 9-10:30 a.m. & 5-6:30 p.m.

## Assessments & Data: the Big Questions Answered for Parents of Students taking the K-12 ACCESS Testing for English Learners

Presenter: Jacquelyn Moga, Executive Director of Assessment, RUSD

Student information is key to classroom decision making. It is important for our parents to have an understanding of how various data are used to drive instructional decisions to meet the language needs of students for future success. This session will help families of students in grades K-12 understand your student's results from the ACCESS 2.0 and how to use these data to support learning outcomes. This session will be offered in both Spanish and English.

### Julian Thomas School

930 Martin Luther King Dr., Racine

Thurs., May 9th 10-11:30 a.m. & 5-6:30 p.m.

## Stay Calm and Get Your Inner Peace On

Presenter: NAMI Racine County

Join in and learn about the symptoms of mental illness your child may be experiencing and how you can assist in getting the help that they need.

### Julian Thomas School

930 Martin Luther King Dr., Racine

Thurs., May 16th 10-11:30 a.m. & 5-6:30 p.m.

## What Are Those ACE's All About?

Presenter: Jenny Miller, MSE, LPC, Clinical Therapist and Supervisor, Children's Hospital of Wisconsin

Join in on the discussion regarding the Adverse Childhood Experiences (ACEs) and how you can help overcome the impact of ACEs in your life. This presentation will cover the long-term impact of repeated trauma in our life and assist with identifying methods to overcome the impact of trauma and toxic stress.

### Julian Thomas School

930 Martin Luther King Dr., Racine

Thurs., May 23rd 10-11:30 a.m. & 5-6:30 p.m.

## Mindfulness: How to be Present in the Moment

Presenter: Jenny Evancy, LCSW, SAC, Clinical Therapist, Professional Service Group

This session will lead you in an exploration of how to be present at the moment to improve your overall ability to cope with stress in your life.

### Julian Thomas School

930 Martin Luther King Dr., Racine

## August

Tues., Aug. 28th 4:30-6 p.m.

## Welcome to Dual Language

Presenter: Robin Rivas, Executive Director of Language Acquisition, RUSD

Congratulations on taking the first step in providing your child with the gift of language by enrolling into the RUSD Dual Language Two-Way Immersion Program! Dual Language programs offer an all-inclusive environment full of warmth, creativity, and multicultural flavor. If you are new to Dual Language, this is a perfect opportunity to learn more, obtain resources, meet staff, and ask questions. The session will be in both English and Spanish.

### Julian Thomas School

930 Martin Luther King Dr., Racine

Thurs., Aug 30th 5-6:30 p.m.

## The Fun Side of Science

Presenter: Kathy Dunkerson, Director of Extended Learning Program, RUSD

Join us during the Open House at Red Apple School in a session of making Slime and programming Ozobots. Ozobots are small round objects that children can program to move in the pattern they design. It teaches children the basics of learning to code.

### Red Apple School

914 St. Patrick St., Racine

## September

Wed., Sept. 12th 5-6:30 p.m.

## Special Education 101

Presenter: Niki Kirkwood & Beth Jones, Special Education, RUSD

Overview of the referral evaluation and IEP development process, including what is special about special education.

### Julian Thomas School

930 Martin Luther King Dr., Racine

Tues., Sept. 18th 10-11:30 a.m.

## Google Extensions/RUSD resources that can help students who struggle with Reading and Writing

Presenter: Ann Barry, Kate Sieg and Taylor Shannon, Special Education, RUSD

This session will be an overview on the tools that are available through RUSD to help our struggling readers and writers.

### Julian Thomas School

930 Martin Luther King Dr., Racine

(Sept. Continued)

Thurs., Sept. 20th 9-10:30 a.m. & 5-6:30 p.m.

## Assessments & Data: The Big Questions Answered for the 9th & 10th Grade Aspire and 11th Grade ACT and WorkKeys

Presenter: Wendy Rowley, Executive Director of Assessment & Accountability, RUSD

Student information is key to classroom decision making. It is important for our parents to have an understanding of how various data are used to drive instructional decisions to meet the needs of students for future success. This session will help you understand your high school student's results from the Aspire, ACT and WorkKeys assessments and how to use these data to support learning outcomes.

### Julian Thomas School

930 Martin Luther King Dr., Racine

Thurs., Sept. 20th 9-10:30 a.m. & 5-6:30 p.m.

## Pyramid Model Overview

Presenter: Joleen Carlson 4K Coordinator of Early Learning, RUSD

This is for families with children 3 and 4 years old. It will go over the elements of the Pyramid Model for Social and Emotional Learning for young children. Parents will learn strategies to help positively guide and support their child's behavior and learn about how to create routines to see their child up for success.

### Goodland School

4800 Graceland Blvd., Racine

Tues., Sept. 25th 4- 6 p.m.

## Positive Solutions

Presenter: Pamela Wedig-Kirsch, School Readiness, and Family Resiliency Educator, UW Extension- Racine County

A six weeks hands-on and interactive course that teaches parents and caregivers of children ages 0-6 tools for positive behavior.

Registration Required- Please contact Pamela Wedig-Kirsch, 262-767-2918 or Pam.Wedig-Kirsch@racinecounty.com

### Julian Thomas School

930 Martin Luther King Dr., Racine

(Sept. Continued)

Wed., Sept. 26th 9-10:30 a.m. & 5-6:30 p.m.

## Social Media and the Internet: Keeping our Children Safe

Presenter: Deputy Chief William Macemon, Racine Police Department

Social media and the internet are wonderful tools for learning, communicating and interacting, but is also filled with predators and traps that can cause harm to our children. Learn about the dangers that are out there and what you can do and teach your children so that they can safely enjoy these tools.

### Julian Thomas School

930 Martin Luther King Dr., Racine

## October

Tues., Oct. 2nd 4- 6 p.m.

## Positive Solutions

Presenter: Pamela Wedig-Kirsch, School Readiness, and Family Resiliency Educator, UW Extension- Racine County

A six weeks hands-on and interactive course that teaches parents and caregivers of children ages 0-6 tools for positive behavior.

Registration Required- Please contact Pamela Wedig-Kirsch, 262-767-2918 or Pam.Wedig-Kirsch@racinecounty.com

### Julian Thomas School

930 Martin Luther King Dr., Racine

Tues., Oct. 9th 9-10:30 a.m. & 5-6:30 p.m.

## Supporting Fine Motor and Gross Motor Learning

Presenter: Amy Shepherd, Director of Early Learning and Jeannine Bombien, Assistant Principal, Early Learning- RUSD

This course is appropriate for families with children 3-6 years of age. Families will learn about the ways that they can support the fine motor and gross motor skills through various activities in the home.

### Goodland School

4800 Graceland Blvd., Racine

Tues., Oct. 9th 10-11:30 a.m. & 5-6:30 p.m.

## What Parents need to know about Bullying

Presenter: Julie Hueller RN, BS, MSM- RUSD

This interactive discussion will focus on the basic of bullying prevention along with ways parents can handle different types of bullying situations. This program was created by Children's Hospital of WI as part of their Healthy Kids Learn More Program.

### Starbuck Middle School

1516 Ohio St., Racine



**For more information,  
contact the Office of Family  
& Community Engagement.**

 **262.631.7053**

 **family.engagement@rusd.org**

(Oct. Continued)  
**Tues., Oct. 9th 4-5:30 p.m.**

### ***Positive Solutions***

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*Registration Required- Please contact Pamela Wedig-Kirsch, 262-767-2918 or Pam.Wedig-Kirsch@racinecounty.com*

### **Julian Thomas School**

930 Martin Luther King Dr., Racine

**Thurs., Oct. 11th 10-11:30 a.m. & 5-6:30 p.m.**

### ***Stay Calm and Get Your Inner Peace On***

*Presenter: NAMI Racine County*

Come and let's talk about symptoms of mental illness and how you can assist your loved one in getting the help that they need.

### **Julian Thomas School**

930 Martin Luther King Dr., Racine

**Tues., Oct. 16th 9-10:30 a.m. & 5-6:30 p.m.**

### ***Dual Language Parent Collaborative***

*Presenter: Robin Rivas, Executive Director of Language Acquisition, RUSD*

The Dual Language Team is looking forward to working with you at our Parent Collaboratives. This session provides families of current students in the Dual Language program the opportunity to acquire relevant information and resources about the program and its various components. Sessions will be held in English and Spanish.

### **Janes School**

1425 N. Wisconsin St., Racine

**Tues., Oct. 16th 4-5:30 p.m.**

### ***Positive Solutions***

*Presenter: Pamela Wedig-Kirsch, School Readiness, and Family Resiliency Educator, UW Extension- Racine County*

A six weeks hands-on and interactive course that teaches parents and caregivers of children ages 0-6 tools for positive behavior.

*Registration Required- Please contact Pamela Wedig-Kirsch, 262-767-2918 or Pam.Wedig-Kirsch@racinecounty.com*

### **Julian Thomas School**

930 Martin Luther King Dr., Racine

**Tues., Oct. 23rd 9-10:30 a.m. & 5-6:30 p.m.**

### ***High Blood Pressure (The Silent Killer)***

*Presenters: Joyce Wadlington & Juanita Tyler, Racine Kenosha Wisconsin Chapter of the National Black Nurses Association*

Families will walk away with the definition of high blood pressure, the risk factors, how to control and steps to take to lower blood pressure.

### **Julian Thomas School**

930 Martin Luther King Dr., Racine

(Oct. Continued)  
**Tues., Oct. 23rd 4-5:30 p.m.**

### ***Positive Solutions***

*Presenter: Pamela Wedig-Kirsch, School Readiness, and Family Resiliency Educator, UW Extension- Racine County*

A six weeks hands-on and interactive course that teaches parents and caregivers of children ages 0-6 tools for positive behavior.

*Registration Required- Please contact Pamela Wedig-Kirsch, 262-767-2918 or Pam.Wedig-Kirsch@racinecounty.com*

### **Julian Thomas School**

930 Martin Luther King Dr., Racine

**Wed., Oct. 24th 9-10:30 a.m. & 5-6:30 p.m.**

### ***Assessments & Data: The Big Questions***

*Presenter: Jacquelyn Moga, Executive Director of Assessment & Accountability, RUSD*

Student information is key to classroom decision making. It is important for our parents to have an understanding of how various data are used to drive instructional decisions to meet the needs of students for future success. This session will help parents understand how a complete student profile of data including attendance, behavior, academic and other student results are used to enhance instruction and improve learning outcomes and encourage career and college readiness.

### **Julian Thomas School**

930 Martin Luther King Dr., Racine

**Tues., Oct. 30th 4-5:30 p.m.**

### ***Positive Solutions***

*Presenter: Pamela Wedig-Kirsch, School Readiness, and Family Resiliency Educator, UW Extension- Racine County*

A six weeks hands-on and interactive course that teaches parents and caregivers of children ages 0-6 tools for positive behavior.

*Registration Required- Please contact Pamela Wedig-Kirsch, 262-767-2918 or Pam.Wedig-Kirsch@racinecounty.com*

### **Julian Thomas School**

930 Martin Luther King Dr., Racine

## **November**

**Tues., Nov. 6th 5-6:30 p.m.**

### ***Autism Basics***

*Presenter: Julie Arens, Special Education, RUSD*

This session will provide a basic understanding of the disability of Autism.

### **Julian Thomas School**

930 Martin Luther King Dr., Racine

(Nov. Continued)  
**Tues., Nov. 6th 5-6:30 p.m.**

### ***The Science of Food***

*Presenter: Terri Tessman, Ask, Make, Innovate LLC Consultant*

Families will learn the science behind healthy food, how to create healthy foods using an Instant Pot, and recipes that they might use in their home. We will create healthy foods using an Instant Pot, sample their creations, and model the safety of Instant Pot use. Families will leave with recipes and an Instant Pot for use in their homes.

### **Case High School**

7345 Washington Ave., Racine

**Tues., Nov. 13th 9-10:30 a.m. & 5-6:30 p.m.**

### ***Early Learning Enrollment Information***

*Amy Shepherd, Director of Early Learning and Jeannine Bombien, Assistant Principal, Early Learning- RUSD*

This session will focus on the different early learning options for early learning programs in RUSD. It's appropriate for children 3 and 4 years old. We will look at the process of applying online and how to choose the program that's best for your child.

### **Goodland School**

4800 Graceland Blvd., Racine

**Tues., Nov. 13th 5-6:30 p.m.**

### ***The Science of Food***

*Presenter: Terri Tessman, Ask, Make, Innovate LLC Consultant*

Families will learn the science behind healthy food, how to create healthy foods using an Instant Pot, and recipes that they might use in their home. We will create healthy foods using an Instant Pot, sample their creations, and model the safety of Instant Pot use. Families will leave with recipes and an Instant Pot for use in their homes.

### **Case High School**

7345 Washington Ave., Racine

## **December**

**Mon., Dec. 3rd 5-6:30 p.m.**

### ***Let's Get Moving***

*Presenter: Julie Landry, Chief of Human Resources, RUSD*

Join in as we ZUMBA together. This class will move between high- and low-intensity dance moves designed to get your heart rate up and boost cardio endurance. Remember to move at your own pace!

### **ASC - Building 2, Hoods Creek Room**

3109 Mt Pleasant St., Racine

(Dec. Continued)  
**Tues., Dec. 4th 5-6:30 p.m.**

### ***Visual Supports in the Home and Communications Supports***

*Presenter: Julie Arens & Aubrey Rosing, Special Education, RUSD*

This session will provide the rationale for the use of visual supports and a variety of sample resources and ideas.

### **Julian Thomas School**

930 Martin Luther King Dr., Racine

**Thurs., Dec. 6th 5-6:30 p.m.**

### ***Everybody Goes Home Safe***

*Presenter: Deputy Chief William Macemon, Racine Police Department*

This is a great opportunity for students and their families to learn and discuss what their rights are when interacting with law enforcement. Understand what you can and cannot do and what law enforcement can and cannot do. Encounter with law enforcement does not need to turn out to be negative or dangerous.

### **Case High School**

7345 Washington Ave., Racine

**Tues., Dec. 11th 10-11:30 a.m.**

### ***Supports from SLP, OT/PT and/or SDPE***

*Presenter: Identified SLP, OT/PT and SDPE along with Niki Kirkwood & Ann Barry, Special Education, RUSD*

This session will provide parents with the resources for typical development clarification of medical vs educational services, the difference between Reg PE and SDPE, and how to embed therapeutic supports into the Transition Program.

### **Julian Thomas School**

930 Martin Luther King Dr., Racine

## **January**

**Mon., Jan. 7th 5-6:30 p.m.**

### ***Let's Get Moving***

*Presenter: Julie Landry, Chief of Human Resources, RUSD*

Join in as we ZUMBA together. This class will move between high- and low-intensity dance moves designed to get your heart rate up and boost cardio endurance. Remember to move at your own pace!

### **ASC - Building 2, Hoods Creek Room**

3109 Mt Pleasant St., Racine

(Jan. Continued)  
**Tues., Jan. 15th 9-10:30 a.m. & 5-6:30 p.m.**

### ***Social Media and the Internet: Keeping our Children Safe***

*Presenter: Deputy Chief William Macemon, Racine Police Department*

Social media and the internet are wonderful tools for learning, communicating and interacting, but is also filled with predators and traps that can cause harm to our children. Learn about the dangers that are out there and what you can do and teach your children so that they can safely enjoy these tools.

### **Julian Thomas School**

930 Martin Luther King Dr., Racine

**Wed., Jan. 16th 5-6:30 p.m.**

### ***Post-Secondary Services for Individuals with Disabilities - Working with Racine Co. Aging Disability Recource Center (ADRC)***

*Presenter: Justine Bieganski & Ann Widmar, Community Partners*

This session will give an overview of the supports and services available to individuals with disabilities when they become adults and how the ADRC can assist families in applying for services.

### **Julian Thomas School**

930 Martin Luther King Dr., Racine

**Thurs., Jan. 24th 10-11:30 a.m.**

### ***Employment for Individuals with Disabilities - Working with the Division of Vocational Rehabilitation (DVR)***

*Presenter: Justine Bieganski & Ann Widmar, Community Partners*

This session will give an overview of federal law WIOA's requirements for employment of individuals with disabilities, services offered by DVR, how DVR and RUSD can work together and assist with completing the application for DVR services.

### **Julian Thomas School**

930 Martin Luther King Dr., Racine

**Thurs., Jan. 31st 5-6:30 a.m.**

### ***Guardianship and Supported Decision-Making for Individuals with Disabilities***

*Presenter: Justine Bieganski & Ann Widmar, Community Partners*

This session will give an overview of the levels of guardianship available, when to seek guardianship of an adult, and the process of obtaining guardianship.

### **Julian Thomas School**

930 Martin Luther King Dr., Racine

## **February**

**Tues., Feb. 5th 10-11:30 a.m.**

### ***Project Search***

*Presenter: Justine Bieganski & Ann Widmar, Community Partners*

This session will give an overview of the Project Search Internship program in Racine, that is run in conjunction with Easter Seals and the Andis Company

### **Julian Thomas School**

930 Martin Luther King Dr., Racine

**Wed., Feb. 6th 5-6:30 p.m.**

### ***Let's Get Moving***

*Presenter: Julie Landry, Chief of Human Resources, RUSD*

Join in as we ZUMBA together. This class will move between high- and low-intensity dance moves designed to get your heart rate up and boost cardio endurance. Remember to move at your own pace!

### **Julian Thomas School**

930 Martin Luther King Dr., Racine

**Thurs., Feb. 7th 5-6:30 p.m.**

### ***Heart Health***

*Presenters: Joyce Wadlington & Juanita Tyler, Racine Kenosha Wisconsin Chapter of the National Black Nurses Association*

Heart Disease is the leading cause of death in the USA for men and women- Let's talk about what role the heart plays; Identify and discuss the ABC's of heart disease and finally, know your numbers and learn how to prevent this disease.

### **Julian Thomas School**

930 Martin Luther King Dr., Racine

## **March**

**Tues., Mar. 5th 10-11:30 a.m.**

### ***Speech and Language Development and Strategies to Enhance Communication Skills***

*Presenter: Ann Barry, Special Education, RUSD*

This session will provide an overview of the development of speech and language skills and strategies to enhance communication skills at home and in the community.

### **Julian Thomas School**

930 Martin Luther King Dr., Racine